

CLEAR, AUTHENTIC, OPEN AND ALWAYS GIVING MY ALL

I have an open, honest and authentic business relationship with every one of my clients. This allows me to address crucial issues clearly, openly and with the right amount of empathy. The basis for this is a good understanding of my clients' businesses and mutual trust that I have to earn from my clients.

Since 1995, I've been working on lots of different leadership and change management projects. But experience isn't everything. Decisive for my success has been my willingness to use the tried and tested and simultaneously be open to new things. I learn something whenever possible and always give my all for my clients.

COACHING FOCUS

Coaching Senior Leaders and their Leadership Teams:

- > **Executive Coaching:** Impact as a leader, creating a high-performing team, changing leadership cultures, strategic alignment, turn-arounds, conflict management, innovation management, personal development, and communication.
- > **Team Coaching:** Creating high-performing teams, changing teams after mergers or other restructurings, regularly reflecting on and developing teams or responding to changing conditions.

WORK EXPERIENCE

- > Since 2010 self-employed as Executive Coach
- > HR Director, Danone Waters, Frankfurt
- > Head of HR Eastern Europe, Tchibo Hamburg and Eastern Europe
- > Head of Strategic Human Resources Management, Kronen AG, Regensburg
- > Change Management Consultant at Accenture, Berlin, Frankfurt and Chicago

EDUCATION/TRAINING

- > Brain Coach certified by [Brain Academy](#), 2024
- > Neuroscience Coaching, [Neuroscience Coaching Centre](#), 2023
- > Narrative Coaching, Solutions Academy, 2021
- > Positive Intelligence, 2021
- > Professional Certified Coach (PCC) certified by [International Coaching Federation \(ICF\)](#), 2020
- > Personality Profiler – [Big 5](#), 2019
- > [Insights MDI consultant](#), 2010
- > Certified Systemic Coach certified by DBVC, ISCO AG, 2010
- > Change-Management Trainer, Corporate University of Accenture, Chicago, 1999
- > Diploma in Business Administration with focus on Organization, Leadership, and Human Resources, Justus-Liebig-University of Giessen, 1994

INDUSTRY EXPERIENCE

- > Pharmaceutical & Health Care Industry
- > Fast Moving Consumer Goods
- > Retail
- > Mechanical Engineering
- > Energy Industry

CLIENTS

Akquinet . Aldi Süd . Biogen . BioNTech . Danone . enviaM . ESET . ESMT . H.C. Starck . Karwendel . KBV . Kellogg's . MitGas . MSD . NKD . Searchmetrics . Segelken & Suchopar . Takeda . Vattenfall .

WORKING LANGUAGES

German and English

